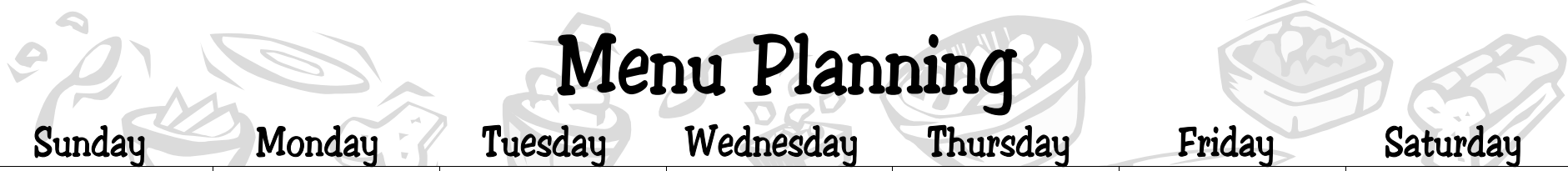


Menu Planning



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Here are a few helpful meal planning & recipe websites:

www.kraftfoods.com

www.hillbillyhousewife.com

<http://zonya.com/index.php>

www.menus4moms.com

www.rachaelraymag.com

<http://allrecipes.com/Recipes/Taste-of-Home/Main.aspx>